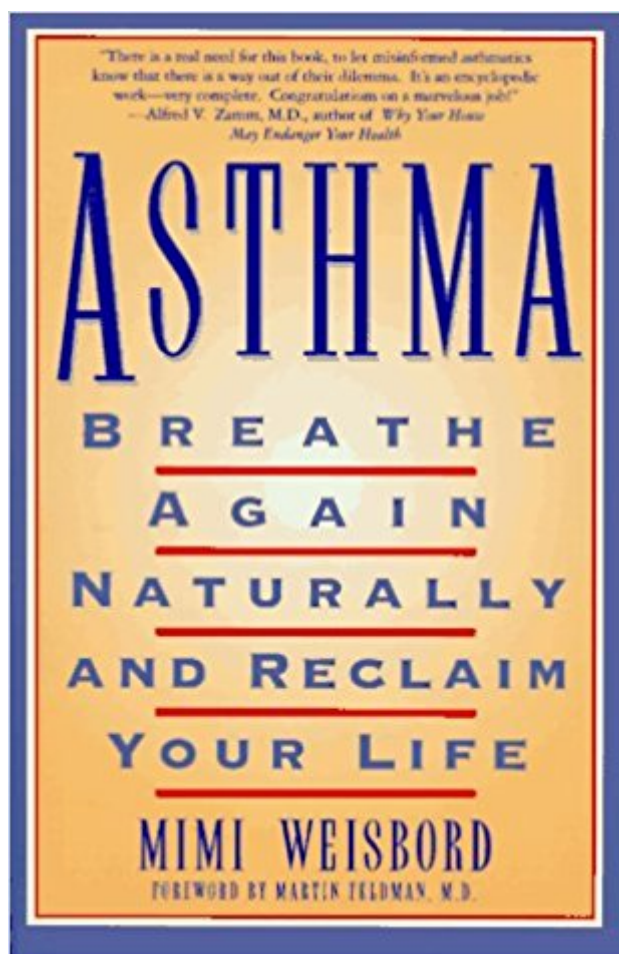


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# Asthma : Breathe Again Naturally And Reclaim Your Life



## Synopsis

The founder of a national newsletter for asthmatics and of the Asthma Self-Help Workshop in New York City's Open Center--and who once suffered from debilitating asthma--shares her beneficial, successful treatment plan with other asthma sufferers.

## Book Information

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